

Case Analysis Contest: Win a Synthesis App

From Erik Van Woensel



Erik has generously shared a case to illustrate his classical approach to case-taking and analysis.

How to participate with this contest:

- Analyse this short case & take part in our competition to win a FREE Synthesis App!
- All you have to do is make your own analysis and repertorisation, then send it back to us at the following email address: luke@radar-uk.co.uk
- We will give you 3-4 weeks to send us your submissions before reviewing the analyses and announcing the lucky winner (who will be picked at random from all correct submissions).

Influenza - Anamnesis

A 65-year-old man has the flu. He is listless and lies either on the couch or in bed.[2] He has pain on the top of his head, which makes him tired.[1] Halfway down his left side, just above the waist, he has a continuous stitching pain [3], which aggravates when he breathes out [2]. He feels he has mucous behind his sternum, but brings up very little. Expectoration when he manages it, is greenish [2]. According to the patient, the pain has something to do with his lungs. He recognizes it because he has suffered from asthmatic bronchitis for years. During this bout of flu he sometimes has the same feeling that he used to have when he had pneumonia in the past: a stinging pain at the left shoulder blade extending forward to the left lung [2]. He has had 38.9 °C fever for a few days, but at the moment this is gone. He is very thirsty [3]. He easily feels warm, which is normal for him [2]. Throughout his life he has had difficulties both with falling asleep and with waking frequently at night [2]. He prefers to sleep on his left side [2]. He is a nice, quiet man. Respiratory problems are not a feature in the family. Both parents died from old age.

For more information about the fantastic Synthesis App, available on iOS and Android devices , go to:

<https://www.radaropus.com/products/apps/synthesis-app>

Books by Erik van Woensel: www.lutrashop.com/webshop

